

GUIDANCE AND COUNSELING OFFICE
ROUTINE INTERVIEW RESPONSES
A.Y. 2023 – 2024

PROGRAM	MALE	FEMALE	TOTAL
1. Bachelor of Elementary Education	8	40	48
2. Bachelor of Secondary Education	30	150	180
3. Bachelor of Science in Fisheries	35	48	83
4. Bachelor of Science in Criminology	112	82	194
5. Bachelor of Science in Tourism Management	128	150	278
6. Bachelor of Science in Hospitality Management	140	142	282
7. Bachelor of Science in Entrepreneurship	113	112	225
8. Bachelor of Science in Computer Engineering	155	87	242
9. Bachelor of Arts in Political Science	30	68	98
10. Bachelor of Science in Information Technology	130	67	197
TOTAL			1, 827

Prepared by:

sgd

ALETH ATTILA D. ABARQUEZ, RGC
Guidance Counselor III



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October 20, 2023

DR. LEVY B. ARAGO, JR.
University President
This University

MINDORO STATE UNIVERSITY	
Office of the University President	
RECEIVED	
RECORDS OFFICE	
BY:	
DATE:	10/20/23
TIME:	3:07
CONTROL #	2270

Sir:

Warmest Greetings!

I am writing to formally request permission to conduct a Men's Month celebration entitled **"Breaking Stereotypes: Men's Role in Gender Development"** during the month of November 2023. The primary aim of this event is to raise awareness about the significant and positive contributions men can make towards gender equality and development.

The "Men's Role in Gender Development" celebration will serve as an opportunity to engage, inform, and empower our male members by highlighting the importance of men's participation in promoting gender equality. I believe that addressing this topic is vital not only for the well-being of men but also for the overall progress and harmony of our institution and society.

Attached are the proposal, budgetary estimates and program of activities.

Thank you very much and God bless!

Prepared by:

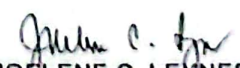
Certified Funds Available:


CHRISTINE A. LUZON-GERMAN, MSIT
Director, Women, Gender and Development

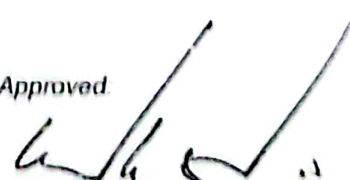

ROVELYN P. ROXAS
Budget Officer III


NEMESIO H. DAVALOS, Ph.D.
Vice President for Academic Affairs

Recommending Approval:


JOELINE C. LEVNES
Vice President for Admin and Finance

Approved


LEVY B. ARAGO, JR., Ph.D.
University President



TITLE : "Breaking Stereotypes: Men's Role In Gender Development"

PARTICIPANTS : All male faculty and employees in the three campuses of MinSU

PROPOSED DATE : November 17,20 and 21, 2023

BUDGETARY ESTIMATES : PhP 26, 000.00

SOURCE OF FUND : GAS

VENUE : MinSU (Auditorium, Gymnasium and Activity Center)

RATIONALE:

In a world where gender equality has become an increasingly important and prevalent issue, it's crucial to recognize the multi-dimensional nature of the conversation. While much progress has been made in advancing the rights and opportunities of women, it's equally important to address the roles and expectations imposed on men. The title of our celebration, "Breaking Stereotypes: Men's Role in Gender Development," encapsulates the essence of our mission: to challenge preconceived notions and to empower men to actively participate in the pursuit of a more inclusive and equitable society.

Traditional gender stereotypes have long dictated the roles and behaviors expected of both men and women. These stereotypes have limited not only the potential of women but also constrained the freedom and expression of men. It's time to recognize that men, too, can be victims of these stereotypes, which often pressure them to conform to rigid, sometimes harmful, ideals of masculinity.

Our celebration acknowledges that gender development is not a one-sided endeavor. True progress requires the engagement of all individuals, regardless of their gender identity, in the pursuit of equality, respect, and justice. By breaking free from stereotypes that have confined them, men can contribute significantly to the achievement of these goals.

This event seeks to create a platform for dialogue, understanding, and action. It is an invitation to men to challenge the status quo, examine their roles in shaping society, and actively engage in the dismantling of harmful stereotypes. Through various discussions, activities, and initiatives, we aim to foster a more inclusive environment that allows individuals to express their full range of human qualities, emotions, and potentials, regardless of their gender.

OBJECTIVES

- To create a space for men to share their experiences, challenges, and achievements while working toward a healthier, more inclusive, and equitable society.
- To foster dialogue, promote health and well-being, and empower men to be their best selves in all aspects of life.

PROPOSED ACTIVITIES

- Program - Orientation/ Seminar
- Games and Group Work Activities



Program of Activities/ Schedule

Orientation/ Seminar :	Main Campus	November 17, 2023	9:00-12:00pm
Men's Roles in Gender	Calapan Campus	November 20, 2023	9:00-12:00pm
Development	Bongabong Campus	November 21, 2023	9:00-12:00pm

Budgetary Estimates:

Items	Quantity	Amount
Snacks/Meals	MMC 125 @ 80.00	10,000.00
	MCC 120 @ 80.00	9,600.00
	MBC 80 @ 80.00	6,400.00
Total		Php 26,000.00

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Prepared by:

CHRISTINE A. LUZON-GERMAN, MSIT
Director, Women, Gender and Development

Recommending Approval:

NEMESIO H. DAVALOS, Ph.D.
Vice President for Academic Affairs

JOELINE C. LEYNES
Vice President for Admin and Finance

Approved:

LEVY B. ARAGO, JR., Ph.D.
University President



Men's Month Celebration
November 21, 2023

On November 21, 2023, as part of the Men's Month Celebration, the day commenced with a solemn opening prayer, evoking a sense of reverence and unity among attendees. The resonating notes of the national anthem and the MinSU Hymn followed, infusing the atmosphere with patriotic fervor and school spirit. The event gained momentum with the thought provoking opening remarks delivered by the Women, Gender and Development coordinator, Mrs. Jessamae V. Recto underlining the importance of inclusivity and solidarity in recognizing men's health and societal contributions. The introduction of the distinguished speaker, Ms. Aleth Attila D. Abarquez, RGC orchestrated by Ms. Gladys Comia, marked a pivotal moment in the celebration. Ms. Abarquez, a respected Guidance Counsellor III of the University, led a seminar titled "Breaking Stereotypes: Men's Role in Gender Development." Her expertise and engaging



discourse shed light on challenging stereotypes, emphasizing the pivotal role men play in shaping positive gender development. Following the seminar, the atmosphere lightened with lively games that encouraged and interaction among participants, fostering a sense of community and shared enjoyment. Recognition and appreciation were at the forefront during the awarding ceremony, skillfully facilitated by the Women and Gender Technical Group. Exceptional individuals or groups were recognized for their best and efforts during



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group games. The symbolic boodle fight served as a communal dining experience, reinforcing solidarity and camaraderie, reflecting the spirit of togetherness and shared values.

The celebration culminated in sports activities, promoting physical fitness and well-being among participants, emphasizing the importance of healthy lifestyle. The day concluded on a high note, resonating with happiness and togetherness among the male faculty and staff, symbolizing a strong sense of community and solidarity within the institution.



•Main Campus, Alcate, Victoria

•Bongabong Campus, Labasan, Bongabong

•Calapan City Campus, Masipit, Calapan City