



November 5, 2024

DR. ENYA MARIE D. APOSTOL
SUC President III, Mindoro State University
Alcate, Victoria, Oriental Mindoro

Mindoro State University
RECEIVED
RECORDS OFFICE

BY: _____
DATE: 4/08/24
TIME: 1:00
CONTROL #: 3524

Madam:

Greetings!

This is to respectfully submit an outreach activity titled **"Bringing Joy and Promoting Health Awareness to Indigenous Communities this Christmas Season 2024"** at **Sitio Lagpan, Brgy. Villa Cerveza and Brgy. Canaan, Victoria, Oriental Mindoro on December 19-20, 2024.**

The following are the components of the outreach activity.

1. Seminar: Importance of Health to be sponsored by the Medical and Dental Unit of the University.
2. Health Consultation/ Services
3. Playtime/ Games
4. Open house to be conducted at Canaan, Victoria, Oriental Mindoro
5. Gift Giving/ Distribution of goods and used but nice Clothing-Used clothing, toys will be collected from friends and relatives by the implementers to be distributed during the conduct of the activity.

In this regard, may I request for the projected cost of the activity amounting to **Php. 42, 500.00**. This will cover for the snacks and prizes for the conduct of the said outreach activity.

Attached is the proposal for your reference.

Looking forward to your approval on this matter.

Very truly yours,

LOURDES V. ICALLA, DVM

Director for Extension, Knowledge and Technology Transfer

Recommending Approval:

CHRISTIAN ANTHONY C. AGUTAYA, Ph.D.

Vice President for RDE

Approved:

ENYA MARIE D. APOSTOL, Ph.D.

SUC President III



VISION

The Mindoro State University is a center of excellence in agriculture and fishery, science, technology, culture, and education of globally competitive lifelong learners in a diverse yet cohesive society.

MISION

The University commits to produce 21st – century skilled professionals and generate and commercialize innovative technologies by providing excellent and relevant services in instruction, research, extension, and production through industry-driven curricula, collaboration, internationalization, and continual organizational growth for sustainable development.

GOAL

Provide and broaden the access to quality education responsive to an ever growing and dynamic society.

OBJECTIVES

Strengthen the capabilities of the institution to:

1. Offer quality education.
2. Provide opportunities for the youth to develop their potential as human being and as productive members of society.
3. Expand financial assistance to poor but deserving student toward greater access to education.
4. Maximize productivity to sustain income generation and;
5. Intensify research and extension services, which are relevant to the needs of the community.

1. PROGRAM PROFILE:

A. Title of the Program: OUTREACH ACTIVITY

“Bringing Joy and Promoting Health Awareness to Indigenous Communities this Christmas Season 2024”

B. The outreach activity addresses the following Sustainable Development Goals :

1. SDG 3 – Good health and well being

3.3.2. Indicator:

Deliver outreach programs and projects in the local community (which can include student volunteering) to improve or promote well-being including hygiene, nutrition, family planning, sports exercise, aging well and other health and well-being related topics.

B.1. Head of the Agency: **ENYA MARIE D. APOSTOL, PhD** **SUC President III**

B.2. Proponents/ Project Leader/s: **LOURDES V. ICALLA, DVM**

B.3 Project Title: ***“Bringing Joy and Promoting Health Awareness to Indigenous Communities this Christmas Season 2024”***

C. Cooperating Agencies: **MinSU and Barangay LGU**

D. Implementers: **Extension Unit, MinSU Health Unit, Interested Faculty and Students**

E. Project Cost: **Php.42,500.00**

F. Project Site: **Sitio Lagpan, Brgy. Villa Cerveza and Canaan IP Community**

G. Direct Beneficiaries: **IP Community in Lagpan and Canaan**

H. Project Duration: **December 19, 2024- Sitio Lagpan, Brgy. Villa Cerveza** **December 20, 2024-Canaan**

I. Funding Agencies: **Mindoro State University**





RATIONALE:

The Extension program is one of the integral components of the Mindoro State University which is committed in extending services, particularly to rural folks by helping them improve their quality of life. It encompasses people empowerment and human resource development geared towards human capital enhancement, technology dissemination among communities. In so doing, different programs of the University are responsive in the needs of their communities that could be manifested by: development, sustainability, productive communities and self-reliant clienteles. Furthermore, thematic areas for extension services are well planned and being promoted to have a substantive content of extension programs and project that are deemed relevant and useful to various partners and adopted communities of the University. Moreover, as one of the thematic areas of concern of the University for an extensive service is the provision of outreach programs designed to shed hopes by helping others. It also aims to support those who are deprived of certain services primarily the basic needs more so for health support and other projects for their welfare.

With this, the Extension Unit of the University organized an outreach program through a health seminar and some activities that would boost their morale and uplift their social integrity. Moreover, to let the recipients know that they are not alone and there are more support avenues for their improvement and development, thus, this proposal.

OBJECTIVES: At the end of the outreach program, the target clienteles would be able to:

1. Build a stronger ties among the community residents.
2. Be more aware of their health and self-worth
3. To learn more of the value of sharing and giving

METHODOLOGY:

A social preparation will be conducted by analyzing the target communities to ensure full and meaningful participation. Community leaders will be coordinated for the conduct of the said activity. A briefing with the implementers will also be conducted to conceptualize more on the strategies of implementation. Medical and dental services of the University will also be coordinated since they will also be tapped as resource persons.

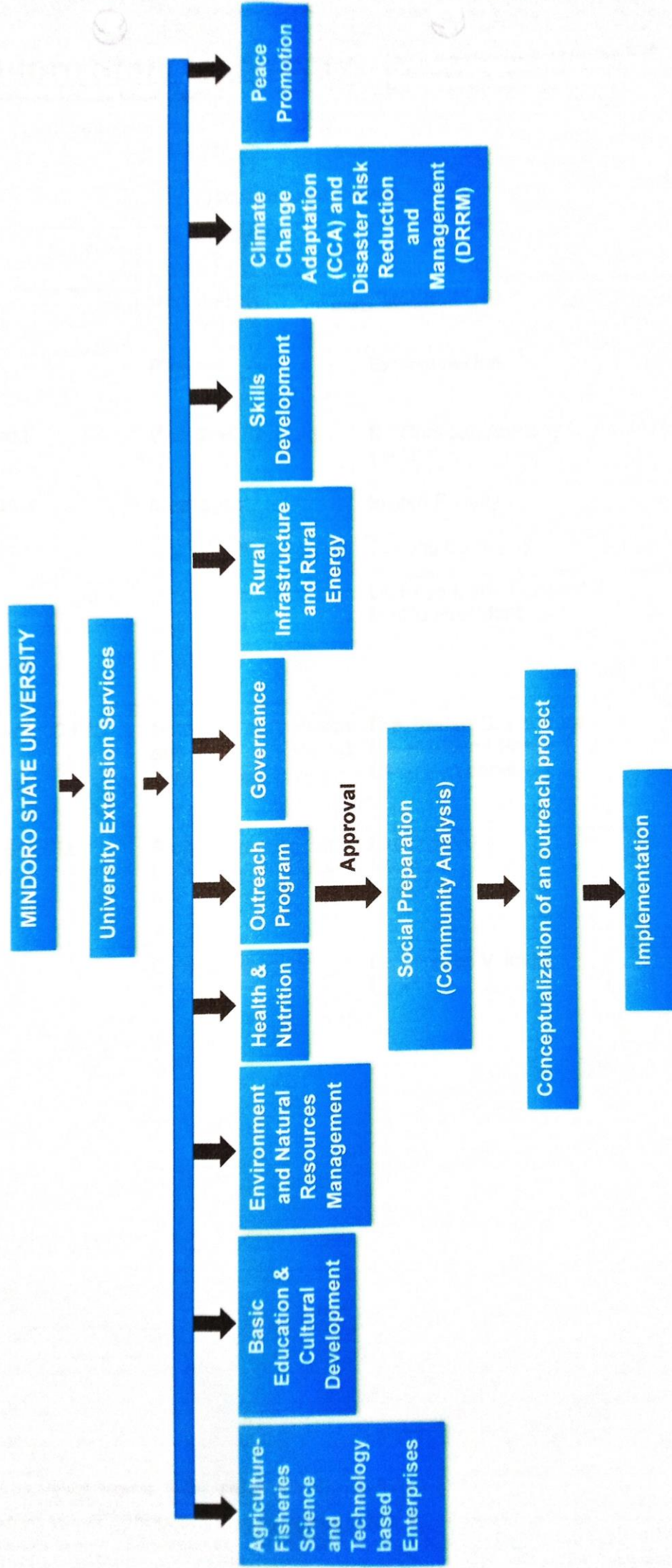
COMPONENTS:

Target dates: December 19- 20, 2024

1. Preliminaries:
2. Seminar: Importance of Health to be sponsored by the Medical and Dental Unit of the University.
3. Health Consultation/ Services
4. Playtime/ Games
5. Open house to be conducted at Canaan, Victoria, Oriental Mindoro
6. Gift Giving/ Distribution of goods and used but nice Clothing-Used clothing, toys will be collected from friends and relatives by the implementers to be distributed during the conduct of the activity.



CONCEPTUAL FRAME WORK





Program of Activities

Time	Activities	
9:00AM	Registration	Extension Unit
9:15AM	Preliminaries	Extension Unit
9:30 AM	Welcome Remarks	Dr. Christian Anthony C. Agutaya VPRDE
10:00AM	Messages	Invited Faculty
		Punong Barangay
		Dr. Enya Marie D. Apostol MinSU President
10:30AM	Snacks	
10:30-12:00 PM	Seminar on Health and Mental Awareness	Dra. Neden Grace Hora Ms. Marianne Pascual Clinic Personnel
1:00-5:00PM	Raffles, games and Distribution of clothes and others	Extension Unit Faculty Students
	Closing Remarks	Dr. Lourdes V. Icalla DEKTT



Projected Expenses for the activity:

Community	Meals	Prizes for the games	Total
Sitio Lagpan IP Community (100 children)	150x100=15,000 (spaghetti/ pancit , fried chicken , juice)	10,000.00	25,000.00
Canaan (50 children and adults)	150x50= 7500.00 (spaghetti, bread, juice)	10,000.00	17,500.00
			42,500.00

Prepared by:

STF - 1071

164 -200 - 11-167

LOURDES V. ICALLA, DVM

Director for Extension, Knowledge and Technology Transfer

Allotment Available:

MS. ROVELYN P. ROXAS

SAO-Acting Budget Officer

Recommending Approval:

CHRISTIAN ANTHONY C. AGUTAYA, Ph.D.

Vice President for RDE

Approved:

ENYA MARIE D. APOSTOL, Ph.D.

SUC President III



Narrative Report
BRINGING JOY AND PROMOTING HEALTH AWARENESS TO INDIGENOUS COMMUNITIES THIS CHRISTMAS SEASON 2024
Canaan, Victoria, Oriental Mindoro
December 18, 2024

On December 18, 2024, the Mindoro State University (MinSU) Extension Office, in collaboration with the Medical Unit, faculty members from the College of Agriculture and Allied Fields (CAAF), the College of Business Management (CBM), the College of Arts and Sciences (CAS), and the College of Computer Studies (CCS), successfully conducted an outreach program at the Indigenous Peoples (IP) community in Canaan, Victoria, Oriental Mindoro. This initiative was organized in partnership with the Pampamayanang Mangyan Ugnayan Inc. (PMUI), aiming to foster community welfare through health education and social support.

The outreach program started with opening messages from MinSU, PMUI and the Barangay Chairperson of Canaan. After the messages, the program proceeded with a basic health seminar, designed to educate participants about essential health practices, disease prevention, and overall wellness. Complementing the seminar, various activities were organized to enhance community morale and promote social bonding among participants. These activities not only uplifted spirits but also strengthened the sense of community and cooperation within the group.



Following the seminar, participants had the opportunity for individual health consultations with the MinSU medical unit. The medical team provided thorough assessments and addressed each participant's health concerns. Those in need received necessary medications, ensuring that their health issues were acknowledged and appropriately managed.





As the program drew to a close, a heartwarming gift-giving ceremony took place. Relief goods, including staple food items and personal care products, were generously distributed to community members. Additionally, donated clothes and toys were handed out, bringing joy to children and families alike. This act of kindness exemplified the spirit of solidarity and compassion that MinSU and PMUI strive to promote.





Narrative Report
BRINGING JOY AND PROMOTING HEALTH AWARENESS TO INDIGENOUS COMMUNITIES THIS CHRISTMAS SEASON 2024
Sitio Sigkuran, Villa Cerveza, Victoria, Oriental Mindoro
December 20, 2024

On December 20, 2024, the Mindoro State University (MinSU) Extension Office, in collaboration with the Medical Unit, faculty members from the College of Agriculture and Allied Fields (CAAF), the College of Business Management (CBM), the College of Arts and Sciences (CAS), and the College of Computer Studies (CCS), successfully conducted an outreach program at the Indigenous Peoples (IP) community in Sitio Sigkuran, Villa Cerveza, Victoria, Oriental Mindoro. This initiative was organized to foster community welfare through health education and social support.

The outreach program started with opening messages from the Sitio Leader the IP Community in Sitio Sigkuran, and representatives from MinSU. After the messages, the program proceeded with a basic health seminar, designed to educate participants about essential health practices, disease prevention, and overall wellness. Complementing the seminar, various activities were organized to enhance community morale and promote social bonding among participants. These activities not only uplifted spirits but also strengthened the sense of community and cooperation within the group.



Following the seminar, participants had the opportunity for individual health consultations with the MinSU medical unit. The medical team provided thorough assessments and addressed each participant's health concerns. Those in need received necessary medications, ensuring that their health issues were acknowledged and appropriately managed.





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